

<i><b>Past</b></i>	<i><b>Present</b></i>	<i><b>Future</b></i>
<b>Mind</b> Strategic Angry Turbulent Self Conscious Naive Misguided	<b>Mind</b> Resilient Calm Strategic Analytical	<b>Mind</b> God Centered Disciplined Resilient Calm, Patient Strategic Balanced
<b>Body/Outer</b> Well dressed “Pretty” Fit	<b>Body/Outer</b> Healthy, Thick Well dressed Put Together “Pretty”	<b>Body/Outer</b> Healthy, Physically Fit Well dressed Put Together
<b>Soul</b> Screaming Boxed in Caving in Judgmental Hateful Selectively Giving	<b>Soul</b> Calm Giving Caring Loving Honest/Open	<b>Soul</b> Christ like Calm, Patient Giving Caring Loving Honest/Open
<b>Titles</b> Student President/VP/Senator Daughter Sister	<b>Titles</b> ER Scribe Clinical Researcher Daughter Sister Aunt Soror Blogger	<b>Titles</b> Physician Professor Elder Wife Mother Aunt Daughter Sister Soror Author
<b>How I Am Viewed</b> Angry Intelligent Boss Hard Worker Defensive Naive	<b>How I Am Viewed</b> Leader Calm/Tranquil Put Together Honest Hardworking Intelligent Goofy/Silly Agile Adaptive Wise	<b>How I Am Viewed</b> Poised/ Put Together An Inspiration/Muse Honest Calm, Approachable Wise, Intelligent Open